



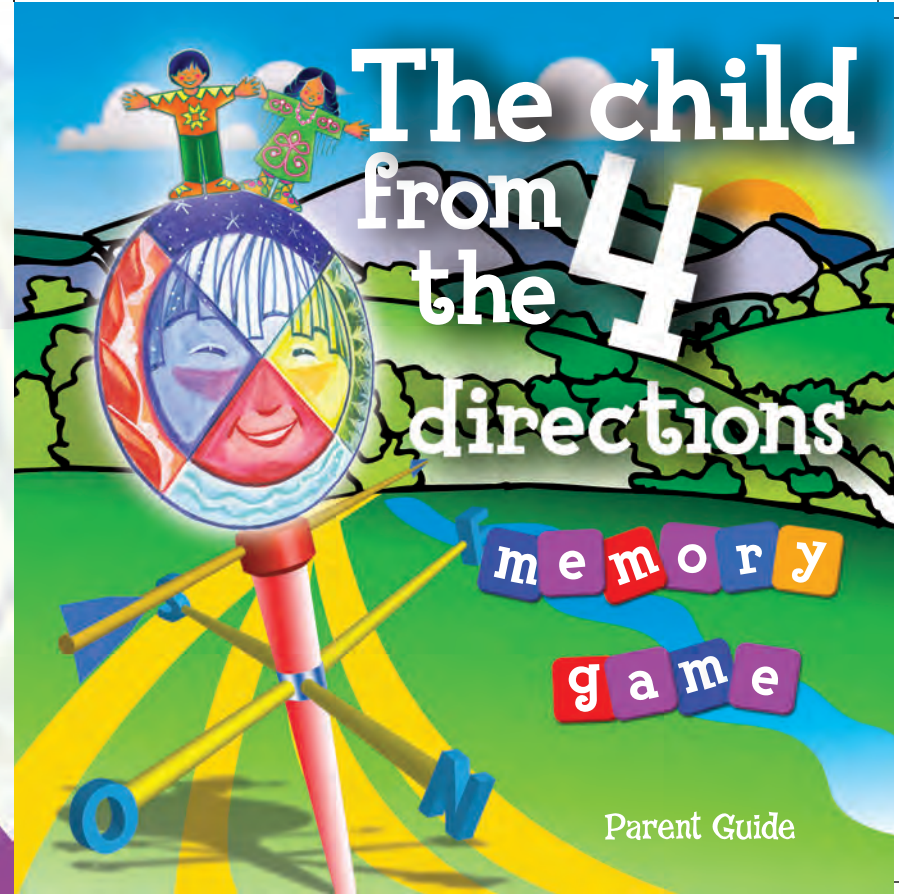
Preschoolers & school-age

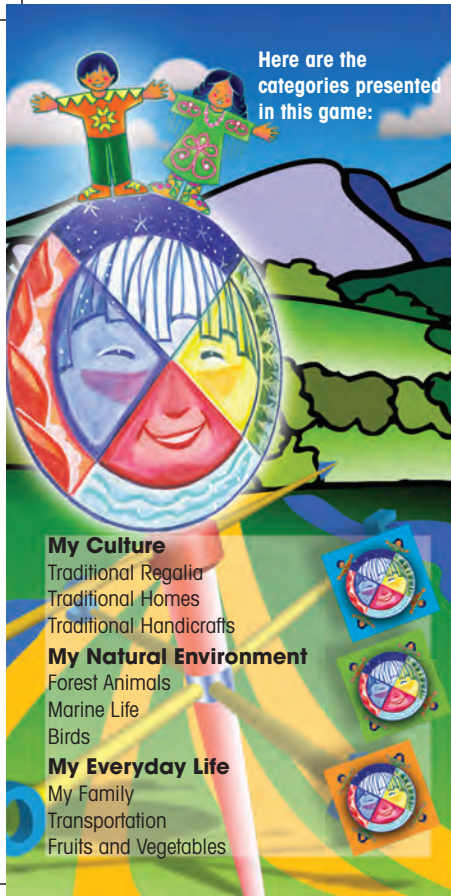
Mix up cards from different categories, and set them face down on the table. The youngest player turns one card over, then a second. All players must be able to see the pictures. Players take turns flipping pairs of cards over until a matching pair is found. When a matching pair is found, the first player who slaps the first card and yells out "YO !" gets the pair, continues to play and turns another card over. The game ends when only two cards are left on the table.

"Enjoy this memory game with children and remember that learning is fun!"



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Here are the categories presented in this game:

My Culture

- Traditional Regalia
- Traditional Homes
- Traditional Handicrafts

My Natural Environment

- Forest Animals
- Marine Life
- Birds

My Everyday Life

- My Family
- Transportation
- Fruits and Vegetables

The Child from the Four Directions is a First Nation-specific memory game for children. It has been designed to represent the 4 dimensions of the human being, the 4 directions, the 4 seasons and the 4 colours of First Nations.

This game is intended to foster the social, physical, emotional and intellectual development of the child. The current version of the game is adapted to the culture and traditions of different Nations across Canada, around various themes reflecting the world around them.

This memory game is also a valuable tool to teach the culture, languages and traditions of the various Nations.

The game consists of 108 illustrated cards and is divided into three categories – my culture, my natural environment and my everyday life. Each category has three sections, and each section has a total of six different pictures, with two cards of each picture.

All of the pictures have the word representing the illustration written in English and French. The yellow strip at the bottom of each card is provided for users to write the word in the local spoken language.

« Youngsters will have fun learning about the wonderful world of First Nations while improving their memory »



OTHER WAYS TO PLAY ACCORDING TO THE AGE GROUP

Infants (0-12 months)

Using cards from the **“my natural environment”** category, hold a picture card between your hands, holding your other hand over it like a lid. Make the animal sound’s, then lift the 'lid' and pretend to peek inside.

Reveal the name of the animal and then tickle your baby while making the animal sounds some more.

Show a picture card to your child. Point to the picture on the card and say the word clearly. Describe the picture, perhaps by color, the sound it makes, etc.

Toddlers (12-36 months)

Hold a card in front of you without showing it to your child. Make up riddles to have him/her guess the picture.

Show two identical pictures to your child. Point out how they are alike. Look at another pair. Then mix the sets together, faces down. Hold up one picture and ask, **“Can you find one like this?”**

Show your child one picture, then hide it and say: **“It’s an animal. What sound does it make?”** Make the sound and say the name of the animal. Turn over the card to uncover the image.



BASIC GAME RULES

Place the 108 cards in a row, face down, on a flat surface. The first player turns 2 cards over, and places them on the table so that all players may see the illustrations. If there is a matching pair, the player keeps the pair and has a second turn. However, if the cards do not pair, the player places the cards back into their positions, face down, and the next player take his turn. The other players take turns clockwise. The player who has the most matching pairs wins the game.

*Reduce the amount of cards for beginners and intermediate players.

SOME OF THE WAYS YOU CAN FOSTER CHILD DEVELOPMENT WITH THIS GAME

Help children to develop fine motor skills

Fine motor skills can be defined as small muscle movements: those that occur in the finger, in coordination with the eyes, etc. All fine motor activities are built upon four important skills. They are: grasping objects, reaching out to objects, releasing objects deliberately, and turning the wrist in various directions.

This memory game is a great way to promote fine motor skills development in your children. It takes practice for a child to learn to move their body easily and well.

As children manipulate the picture cards, they practice fine motor skills required for grasping and manipulating the different cards.



To promote fine motor skills development, give your children lots of chances to practice manipulating the different cards. For example, encourage them to place the cards on the table to play the game and to store them in the box afterwards.

Help children to develop language skills

The literature identifies 4 development stages in children's acquisition of language, from sound formation to vocabulary building. Fostering a child's language and communication skills at a young age is essential since it allows him/her to learn how to express his/her needs, thoughts and feelings.

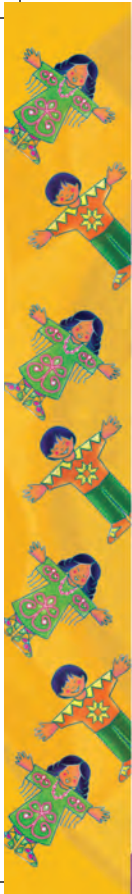
Social interactions will further develop the child's communication skills. Spending time talking and playing with your child will develop his or her understanding of language. This game will enrich children's vocabulary and expose them to different sounds, words and concepts.

To promote language skills development, set out a set of cards from a common category and have children name them, discuss different attributes, group them and match pairs.

Help children to develop cognitive skills

Cognitive development focuses on how children learn and process information. It involves language, mental imagery, thinking, reasoning, problem solving, and memory development.

Engaging in this memory game will help expand children's strategies for remembering where the pictures are and help strengthen their cognitive memory skills. It also helps children expand their knowledge.



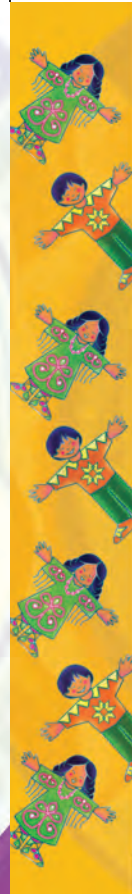
To promote cognitive skills development, let your child look at a picture card and talk about its features. Then take the card away and ask him/her to recall some of its features. You can also show several picture cards to your child for about a minute, then cover them and see how many he/she can recall.

Help children to develop social skills

The initial impulse to play a game is social - because it involves two or several players. Time spent playing together contributes to children's sense of self and of belonging. Playing with others teaches children to share, to give, to cooperate, to win and to lose.

This memory game promotes the development of social skills required to interact with others. You can play this game in a way that teaches a spirit of cooperation by working toward a common goal, matching pairs together.

To promote social skills development, notice when a child is trying hard to succeed - accept all of the child's efforts to name the pictures, and guess the matching pairs. When a child makes a mistake always encourage them to try again - and when you make a mistake let the children know about it.



PRACTICAL TIPS FOR PARENTS AND CARREGIVERS

With all their creativity and resourcefulness, First Nations used to make games and toys out of materials from their natural environment. Traditionally, siblings would initiate younger family members to play while parents were away pursuing subsistence activities.

Today, in order to promote the healthy development of children, "PLAYING" requires parent involvement. This game is intended to help First Nations parents and educators participate in the development of their children in the four areas listed above. Parent involvement helps children develop fine motor skills, language skills, cognitive skills and social skills while preserving nation-specific cultural and traditional characteristics.

Children learn through play. Because it gives them the opportunity to solve problems, it fosters imagination and creativity. Children learn to use new knowledge and skills. In addition, spending quality time with children positively contributes to developing their personality.

The following pages will explain different ways of using the memory game to promote the development of various skills in your child. You will need to explain the rules and allow for some flexibility.